



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Liedtke, Dirk

Club: SV Kirchboitzen
Number: 351

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:50:41

Speed: 9.14 km/h
Running performance: 6:31 min/km

Rank in course/Total: 333 (of 492)

Rank in course/Men: 292 (of 415)

Best time in course: 1:38:33

Rank in category: 72(of 98)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	20:13	6:07	74	5:59	280	8:21	3.30	20:13	6:07	2	0:28	301	0:37
Schlüsie	3.10	22:12	7:09	77	6:33	305	9:14	6.40	42:25	6:37	2	1:24	300	17:35
Hermannsklippe	2.60	19:39	7:33	64	5:48	269	8:08	9.00	1:02:04	6:53	2	1:21	300	25:43
Brocken	3.10	35:18	11:23	85	13:58	351	17:28	12.10	1:37:22	8:02	2	4:53	300	43:11
Eiserner Handwe	3.60	21:27	5:57	78	7:27	320	9:25	15.70	1:58:49	7:34	2	6:44	300	52:36
Schlüsie	4.10	19:54	4:51	70	6:32	287	8:24	19.80	2:18:43	7:00	2	7:25	300	1:01:00
Loddenke	3.10	15:23	4:57	58	4:08	233	5:33	22.90	2:34:06	6:43	2	7:25	300	1:06:33
Ilseburg/Markt	3.30	16:35	5:01	53	4:23	209	8:03	26.20	2:50:41	6:30	74	52:20	303	1:12:08