



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schröter, Ilka

Club: Dassendorf
Number: 211

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:51:19

Speed: 9.11 km/h
Running performance: 6:32 min/km

Rank in course/Total: 338 (of 492)

Rank in course/Women: 30 (of 77)

Best time in course: 2:05:45

Rank in category: 5(of 7)

Best time in the category: 2:18:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:54	6:19	5	4:30	34	6:01	3.30	20:54	6:19	5	4:30	66	
Schlüsie	3.10	21:40	6:59	2	3:22	21	4:43	6.40	42:34	6:39	5	7:52	66	
Hermannsklippe	2.60	20:11	7:45	3	3:41	28	5:02	9.00	1:02:45	6:58	5	11:33	66	
Brocken	3.10	32:43	10:33	2	6:15	23	8:29	12.10	1:35:28	7:53	5	17:48	66	
Eiserner Handwe	3.60	21:39	6:00	5	5:24	52	6:54	15.70	1:57:07	7:27	5	23:12	66	
Schlüsie	4.10	21:10	5:09	6	6:46	55	6:51	19.80	2:18:17	6:59	5	28:13	66	
Loddenke	3.10	15:24	4:58	4	2:25	26	3:11	22.90	2:33:41	6:42	5	30:38	66	
Ilseburg/Markt	3.30	17:38	5:20	5	2:32	33	4:23	26.20	2:51:19	6:32	5	33:10	32	45:34