



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Jabado, Angela

Club: Berlin  
Number: 111

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:52:32

Speed: 9.04 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 347 (of 492)

Rank in course/Women: 34 (of 77)

Best time in course: 2:05:45

Rank in category: 8(of 26)

Best time in the category: 2:31:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	19:50	6:00	5	1:30	21	4:57	3.30	19:50	6:00	19		41
Schlüsie	3.10	22:39	7:18	9	3:00	36	5:42	6.40	42:29	6:38	19		62
Hermannsklippe	2.60	20:32	7:53	9	2:49	31	5:23	9.00	1:03:01	7:00	19		62
Brocken	3.10	33:26	10:47	7	4:22	28	9:12	12.10	1:36:27	7:58	19		62
Eiserner Handwe	3.60	21:23	5:56	18	3:58	48	6:38	15.70	1:57:50	7:30	19		62
Schlüsie	4.10	20:28	4:59	16	3:44	45	6:09	19.80	2:18:18	6:59	19		62
Loddenke	3.10	16:30	5:19	13	2:42	42	4:17	22.90	2:34:48	6:45	19		62
Ilseburg/Markt	3.30	17:44	5:22	11	2:51	37	4:29	26.20	2:52:32	6:35	9	20:46	36 46:47