



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Zennecke, Bernd

Club: Nordhausen
Number: 101

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:52:58

Speed: 9.02 km/h
Running performance: 6:36 min/km

Rank in course/Total: 350 (of 492)

Rank in course/Men: 303 (of 415)

Best time in course: 1:38:33

Rank in category: 14(of 24)

Best time in the category: 2:19:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	21:02	6:22	12	4:36	326	9:10	3.30	21:02	6:22	12		311	1:26
Schlüsie	3.10	22:39	7:18	13	4:19	322	9:41	6.40	43:41	6:49	12		310	18:51
Hermannsklippe	2.60	20:23	7:50	14	3:53	300	8:52	9.00	1:04:04	7:07	12		310	27:43
Brocken	3.10	32:31	10:29	13	4:58	294	14:41	12.10	1:36:35	7:58	12	1:18	310	42:24
Eiserner Handwe	3.60	21:16	5:54	16	4:21	312	9:14	15.70	1:57:51	7:30	12	1:08	310	51:38
Schlüsie	4.10	19:59	4:52	13	3:39	290	8:29	19.80	2:17:50	6:57	12	1:17	310	1:00:07
Loddenke	3.10	16:35	5:20	16	3:23	308	6:45	22.90	2:34:25	6:44	12	2:07	310	1:06:52
Ilseburg/Markt	3.30	18:33	5:37	18	10:01	310	10:01	26.20	2:52:58	6:36	14	33:15	314	1:14:25