



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Matthies, Dietmar

Club: SC Demker 95 e.V.
Number: 314

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:53:32

Speed: 8.99 km/h
Running performance: 6:37 min/km

Rank in course/Total: 352 (of 492)

Rank in course/Men: 304 (of 415)

Best time in course: 1:38:33

Rank in category: 50(of 62)

Best time in the category: 2:03:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	21:52	6:37	59	6:42	361	10:00	3.30	21:52	6:37	20	0:59	313	2:16
Schlüsie	3.10	22:23	7:13	48	6:01	311	9:25	6.40	44:15	6:54	20	1:33	312	19:25
Hermannsklippe	2.60	20:12	7:46	43	5:51	290	8:41	9.00	1:04:27	7:09	20	0:56	312	28:06
Brocken	3.10	32:23	10:26	46	8:13	285	14:33	12.10	1:36:50	8:00	20	0:27	312	42:39
Eiserner Handwe	3.60	21:36	6:00	52	6:46	328	9:34	15.70	1:58:26	7:32	20	0:37	312	52:13
Schlüsie	4.10	21:23	5:12	53	7:20	341	9:53	19.80	2:19:49	7:03	20	2:38	312	1:02:06
Loddenke	3.10	16:28	5:18	47	4:39	298	6:38	22.90	2:36:17	6:49	20	3:51	312	1:08:44
Ilseburg/Markt	3.30	17:15	5:13	40	4:35	244	8:43	26.20	2:53:32	6:37	52	49:45	315	1:14:59