



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Wanielik, Jens

Club: Wolfenbüttel
Number: 150

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:54:14

Speed: 8.95 km/h
Running performance: 6:39 min/km

Rank in course/Total: 356 (of 492)

Rank in course/Men: 308 (of 415)

Best time in course: 1:38:33

Rank in category: 28(of 36)

Best time in the category: 1:58:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:18	6:09	26	5:58	283	8:26	3.30	20:18	6:09	1	-	299	0:42
Schlüsie	3.10	21:03	6:47	23	5:05	236	8:05	6.40	41:21	6:27	1	-	316	16:31
Hermannsklippe	2.60	18:59	7:18	23	4:57	225	7:28	9.00	1:00:20	6:42	1	-	316	23:59
Brocken	3.10	31:36	10:11	26	10:05	257	13:46	12.10	1:31:56	7:35	1	-	316	37:45
Eiserner Handwe	3.60	21:36	6:00	30	7:00	328	9:34	15.70	1:53:32	7:13	1	-	316	47:19
Schlüsie	4.10	19:59	4:52	26	6:00	290	8:29	19.80	2:13:31	6:44	1	-	316	55:48
Loddenke	3.10	16:55	5:27	29	5:22	329	7:05	22.90	2:30:26	6:34	1	-	316	1:02:53
Ilseburg/Markt	3.30	23:48	7:12	35	11:06	396	15:16	26.20	2:54:14	6:39	28	55:33	319	1:15:41