



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Posdich-Schmidt, Winfried

Club: MTV Vorsfelde Marathon
Number: 260

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:54:27

Speed: 8.94 km/h
Running performance: 6:40 min/km

Rank in course/Total: 361 (of 492)

Rank in course/Men: 313 (of 415)

Best time in course: 1:38:33

Rank in category: 15(of 24)

Best time in the category: 2:19:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:58	6:39	16	5:32	366	10:06	3.30	21:58	6:39	11		322	2:22
Schlüsie	3.10	22:04	7:07	11	3:44	299	9:06	6.40	44:02	6:52	11		321	19:12
Hermannsklippe	2.60	19:50	7:37	10	3:20	275	8:19	9.00	1:03:52	7:05	11		321	27:31
Brocken	3.10	32:56	10:37	15	5:23	304	15:06	12.10	1:36:48	8:00	11	1:31	321	42:37
Eiserner Handwe	3.60	20:24	5:39	12	3:29	276	8:22	15.70	1:57:12	7:27	11	0:29	321	50:59
Schlüsie	4.10	20:43	5:03	15	4:23	317	9:13	19.80	2:17:55	6:57	11	1:22	321	1:00:12
Loddenke	3.10	16:51	5:26	18	3:39	324	7:01	22.90	2:34:46	6:45	11	2:28	321	1:07:13
Ilseburg/Markt	3.30	19:41	5:57	19	11:09	343	11:09	26.20	2:54:27	6:39	15	34:44	324	1:15:54