



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Fischer, Steffen

Club: LSG 80 Schmückeläufer
Number: 475

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:55:05

Speed: 8.91 km/h
Running performance: 6:41 min/km

Rank in course/Total: 364 (of 492)

Rank in course/Men: 315 (of 415)

Best time in course: 1:38:33

Rank in category: 30(of 36)

Best time in the category: 1:58:41

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	km			Time	min/km
Loddenke	3.30	20:53	6:19	28	6:33	316	9:01	3.30	20:53	6:19	12	0:35	215	1:17
Schlüsie	3.10	22:48	7:21	31	6:50	328	9:50	6.40	43:41	6:49	12	2:20	310	18:51
Hermannsklippe	2.60	20:56	8:03	30	6:54	322	9:25	9.00	1:04:37	7:10	12	4:17	323	28:16
Brocken	3.10	32:30	10:29	29	10:59	293	14:40	12.10	1:37:07	8:01	12	5:11	323	42:56
Eiserner Handwe	3.60	22:23	6:13	33	7:47	350	10:21	15.70	1:59:30	7:36	12	5:58	323	53:17
Schlüsie	4.10	19:48	4:49	25	5:49	281	8:18	19.80	2:19:18	7:02	12	5:47	323	1:01:35
Loddenke	3.10	16:59	5:28	30	5:26	331	7:09	22.90	2:36:17	6:49	12	5:51	312	1:08:44
Ilseburg/Markt	3.30	18:48	5:41	26	6:06	318	10:16	26.20	2:55:05	6:40	30	56:24	326	1:16:32