



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Fischer, Steffen

Club: LSG 80 Schmückeläufer
Number: 475

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:55:05

Speed: 8.91 km/h
Running performance: 6:41 min/km

Rank in course/Total: 364 (of 492)

Rank in course/Men: 315 (of 415)

Best time in course: 1:38:33

Rank in category: 30(of 36)

Best time in the category: 1:58:41

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|-----------------|-------|-------|-------|--------|--------|------|-------|-------|---------|------|--------|-------|--------|---------|
| | km | Time | | | min/km | Cat. | | | | | | | | Cat. |
| Loddenke | 3.30 | 20:53 | 6:19 | 28 | 6:33 | 316 | 9:01 | 3.30 | 20:53 | 6:19 | 12 | 0:35 | 215 | 1:17 |
| Schlüsie | 3.10 | 22:48 | 7:21 | 31 | 6:50 | 328 | 9:50 | 6.40 | 43:41 | 6:49 | 12 | 2:20 | 310 | 18:51 |
| Hermannsklippe | 2.60 | 20:56 | 8:03 | 30 | 6:54 | 322 | 9:25 | 9.00 | 1:04:37 | 7:10 | 12 | 4:17 | 323 | 28:16 |
| Brocken | 3.10 | 32:30 | 10:29 | 29 | 10:59 | 293 | 14:40 | 12.10 | 1:37:07 | 8:01 | 12 | 5:11 | 323 | 42:56 |
| Eiserner Handwe | 3.60 | 22:23 | 6:13 | 33 | 7:47 | 350 | 10:21 | 15.70 | 1:59:30 | 7:36 | 12 | 5:58 | 323 | 53:17 |
| Schlüsie | 4.10 | 19:48 | 4:49 | 25 | 5:49 | 281 | 8:18 | 19.80 | 2:19:18 | 7:02 | 12 | 5:47 | 323 | 1:01:35 |
| Loddenke | 3.10 | 16:59 | 5:28 | 30 | 5:26 | 331 | 7:09 | 22.90 | 2:36:17 | 6:49 | 12 | 5:51 | 312 | 1:08:44 |
| Ilseburg/Markt | 3.30 | 18:48 | 5:41 | 26 | 6:06 | 318 | 10:16 | 26.20 | 2:55:05 | 6:40 | 30 | 56:24 | 326 | 1:16:32 |