



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Lau, Theresa

Club: Familie Schierker-Feuerstein
Number: 979

Course: 26.20 km
26,2 km - Wanderung

Category:
Frauen

Total time: 4:40:04

Speed: 5.57 km/h
Running performance: 10:41 min/km

Rank in course/Total: 14 (of 20)

Rank in course/Women: 7 (of 10)

Best time in course: 3:56:45

Rank in category: 7(of 10)

Best time in the category: 3:56:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	33:36	10:10	6	3:09	6	3:09	3.30	33:36	10:10	7	3:09	7	3:09
Schlüsie	3.10	33:41	10:51	7	5:22	7	5:22	6.40	1:07:17	10:30	7	6:54	7	6:54
Hermannsklippe	2.60	29:54	11:29	6	4:56	6	4:56	9.00	1:37:11	10:47	7	11:50	7	11:50
Brocken	3.10	41:01	13:13	1	-	1	-	12.10	2:18:12	11:25	7	11:44	7	11:44
Eiserner Handwe	3.60	37:04	10:17	4	7:13	4	7:13	15.70	2:55:16	11:09	7	18:57	7	18:57
Schlüsie	4.10	37:36	9:10	8	8:10	8	8:10	19.80	3:32:52	10:45	7	27:03	7	27:03
Loddenke	3.10	32:42	10:32	8	8:33	8	8:33	22.90	4:05:34	10:43	7	35:11	7	35:11
Ilseburg/Markt	3.30	34:30	10:27	7	9:47	7	9:47	26.20	4:40:04	10:41	7	43:19	7	43:19