



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Kuthe-Schulz, Birger

Club: FSV GW Ilseburg Alte Herren  
Number: 548

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 45:46

Speed: 11.80 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 24 (of 175)

Rank in course/Men: 22 (of 119)

Best time in course: 33:35

Rank in category: 1(of 12)

Best time in the category: 45:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:52	5:34	1	-	24	6:14	4.10	22:52	5:34	1	-	23	
Loddenke	2.20	9:17	4:13	3	0:12	28	2:34	6.30	32:09	5:06	1	-	23	
Ilseburg/Markt	3.30	13:37	4:07	1	-	19	3:25	9.60	45:46	4:46	1	-	22	12:11