



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Berner, Roland

Club: Erfurt
Number: 385

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:56:06

Speed: 8.93 km/h
Running performance: 6:43 min/km

Rank in course/Total: 373 (of 492)

Rank in course/Men: 323 (of 415)

Best time in course: 1:38:33

Rank in category: 29(of 47)

Best time in the category: 2:12:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:52	6:19	31	4:58	314	9:00	3.30	20:52	6:19	8		284	1:16
Schlüsie	3.10	22:45	7:20	30	5:17	327	9:47	6.40	43:37	6:48	8		331	18:47
Hermannsklippe	2.60	21:33	8:17	31	5:46	339	10:02	9.00	1:05:10	7:14	8		331	28:49
Brocken	3.10	34:03	10:59	29	8:56	330	16:13	12.10	1:39:13	8:11	8		331	45:02
Eiserner Handwe	3.60	21:35	5:59	30	6:28	326	9:33	15.70	2:00:48	7:41	8		331	54:35
Schlüsie	4.10	21:26	5:13	34	7:03	342	9:56	19.80	2:22:14	7:11	8		331	1:04:31
Loddenke	3.10	17:11	5:32	32	5:02	341	7:21	22.90	2:39:25	6:57	8		331	1:11:52
Ilseburg/Markt	3.30	16:41	5:03	17	2:47	215	8:09	26.20	2:56:06	6:43	31	43:26	334	1:17:33