



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Speidel, Marion

Club: Rosengarten
Number: 396

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:58:05

Speed: 8.76 km/h
Running performance: 6:48 min/km

Rank in course/Total: 379 (of 492)

Rank in course/Women: 39 (of 77)

Best time in course: 2:05:45

Rank in category: 11(of 26)

Best time in the category: 2:31:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:29	6:48	17	4:09	52	7:36	3.30	22:29	6:48	8	0:53	2	1:28
Schlüsie	3.10	24:32	7:54	14	4:53	50	7:35	6.40	47:01	7:20	16	0:50	19	0:24
Hermannsklippe	2.60	22:52	8:47	14	5:09	51	7:43	9.00	1:09:53	7:45	16	1:18	19	
Brocken	3.10	32:20	10:25	4	3:16	21	8:06	12.10	1:42:13	8:26	16		19	
Eiserner Handwe	3.60	20:50	5:47	15	3:25	43	6:05	15.70	2:03:03	7:50	16		19	
Schlüsie	4.10	19:16	4:41	8	2:32	28	4:57	19.80	2:22:19	7:11	16		19	
Loddenke	3.10	17:03	5:30	18	3:15	52	4:50	22.90	2:39:22	6:57	16		19	
Ilseburg/Markt	3.30	18:43	5:40	14	3:50	44	5:28	26.20	2:58:05	6:47	12	26:19	41	52:20