



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Rohde, Peter

Club: Wümme Express
Number: 46

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:58:33

Speed: 8.80 km/h
Running performance: 6:49 min/km

Rank in course/Total: 380 (of 492)

Rank in course/Men: 328 (of 415)

Best time in course: 1:38:33

Rank in category: 17(of 24)

Best time in the category: 2:19:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:54	6:56	22	6:28	398	11:02	3.30	22:54	6:56	9	0:53	337	3:18
Schlüsie	3.10	23:51	7:41	20	5:31	368	10:53	6.40	46:45	7:18	9	2:33	336	21:55
Hermannsklippe	2.60	20:59	8:04	16	4:29	325	9:28	9.00	1:07:44	7:31	9	3:00	336	31:23
Brocken	3.10	34:25	11:06	18	6:52	335	16:35	12.10	1:42:09	8:26	9	6:52	336	47:58
Eiserner Handwe	3.60	22:30	6:15	18	5:35	357	10:28	15.70	2:04:39	7:56	9	7:56	336	58:26
Schlüsie	4.10	21:07	5:09	17	4:47	335	9:37	19.80	2:25:46	7:21	9	9:13	336	1:08:03
Loddenke	3.10	15:35	5:01	12	2:23	246	5:45	22.90	2:41:21	7:02	9	9:03	336	1:13:48
Ilseburg/Markt	3.30	17:12	5:12	11	8:40	238	8:40	26.20	2:58:33	6:48	17	38:50	339	1:20:00