



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Häfner, Sebastian

Club: wandergruppe Felix
Number: 442

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:59:04

Speed: 8.71 km/h
Running performance: 6:50 min/km

Rank in course/Total: 383 (of 492)

Rank in course/Men: 331 (of 415)

Best time in course: 1:38:33

Rank in category: 29(of 33)

Best time in the category: 1:38:33

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 20:29 | 6:12 | 29 | 8:37 | 292 | 8:37 | 3.30 | 20:29 | 6:12 | 13 | | 340 | 0:53 |
| Schlüsie | 3.10 | 23:53 | 7:42 | 32 | 10:55 | 369 | 10:55 | 6.40 | 44:22 | 6:55 | 13 | 2:12 | 284 | 19:32 |
| Hermannsklippe | 2.60 | 22:14 | 8:33 | 31 | 10:43 | 359 | 10:43 | 9.00 | 1:06:36 | 7:23 | 13 | 5:12 | 339 | 30:15 |
| Brocken | 3.10 | 34:30 | 11:07 | 30 | 16:40 | 337 | 16:40 | 12.10 | 1:41:06 | 8:21 | 13 | 12:07 | 339 | 46:55 |
| Eiserner Handwe | 3.60 | 20:36 | 5:43 | 26 | 8:34 | 285 | 8:34 | 15.70 | 2:01:42 | 7:45 | 13 | 9:43 | 339 | 55:29 |
| Schlüsie | 4.10 | 19:09 | 4:40 | 23 | 7:39 | 248 | 7:39 | 19.80 | 2:20:51 | 7:06 | 13 | 9:17 | 339 | 1:03:08 |
| Loddenke | 3.10 | 17:08 | 5:31 | 30 | 7:18 | 338 | 7:18 | 22.90 | 2:37:59 | 6:53 | 13 | 9:46 | 339 | 1:10:26 |
| Ilseburg/Markt | 3.30 | 21:05 | 6:23 | 30 | 10:05 | 372 | 12:33 | 26.20 | 2:59:04 | 6:50 | 29 | 1:20:31 | 342 | 1:20:31 |