



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Langbecker, Yvonne

Total time: 3:00:20

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel

Speed: 8.65 km/h

Number: 215

Running performance: 6:53 min/km

Course: 26.20 km

Rank in course/Total: 387 (of 492)

26,2 km - Lauf

Rank in course/Women: 41 (of 77)

Best time in course: 2:05:45

Category:

Rank in category: 12(of 26)

Seniorinnen W45 (45-49 Jahre)

Best time in the category: 2:31:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:20	6:27	11	3:00	36	6:27	3.30	21:20	6:27	15		17	0:19
Schlüsie	3.10	25:08	8:06	19	5:29	57	8:11	6.40	46:28	7:15	15	0:17	17	
Hermannsklippe	2.60	22:58	8:49	15	5:15	52	7:49	9.00	1:09:26	7:42	15	0:51	17	
Brocken	3.10	37:31	12:06	16	8:27	56	13:17	12.10	1:46:57	8:50	15	1:04	17	
Eiserner Handwe	3.60	20:40	5:44	13	3:15	40	5:55	15.70	2:07:37	8:07	15	0:46	17	
Schlüsie	4.10	19:44	4:48	12	3:00	37	5:25	19.80	2:27:21	7:26	15		17	0:14
Loddenke	3.10	15:27	4:59	8	1:39	27	3:14	22.90	2:42:48	7:06	15		17	
Ilseburg/Markt	3.30	17:32	5:18	10	2:39	32	4:17	26.20	3:00:20	6:52	13	28:34	43	54:35