



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Wojahn, Sabrina

Club: Rümmer
Number: 282

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 3:00:38

Speed: 8.64 km/h
Running performance: 6:53 min/km

Rank in course/Total: 391 (of 492)

Rank in course/Women: 42 (of 77)

Best time in course: 2:05:45

Rank in category: 4(of 7)

Best time in the category: 2:15:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:32	6:49	5	5:58	59	7:39	3.30	22:32	6:49	4	5:58	16	1:31
Schlüsie	3.10	23:38	7:37	5	5:30	44	6:41	6.40	46:10	7:12	4	11:28	16	
Hermannsklippe	2.60	21:51	8:24	5	5:21	43	6:42	9.00	1:08:01	7:33	4	16:49	16	
Brocken	3.10	34:51	11:14	5	9:36	40	10:37	12.10	1:42:52	8:30	4	26:25	16	
Eiserner Handwe	3.60	22:01	6:06	5	5:51	54	7:16	15.70	2:04:53	7:57	4	32:16	16	
Schlüsie	4.10	19:56	4:51	3	3:30	39	5:37	19.80	2:24:49	7:18	4	35:46	16	
Loddenke	3.10	16:47	5:24	5	3:44	48	4:34	22.90	2:41:36	7:03	4	39:30	16	
Ilseburg/Markt	3.30	19:02	5:46	5	5:12	51	5:47	26.20	3:00:38	6:53	4	44:42	44	54:53