



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Bakker, David

Club: TGAV
Number: 76

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:02:49

Speed: 8.53 km/h
Running performance: 6:59 min/km

Rank in course/Total: 399 (of 492)

Rank in course/Men: 340 (of 415)

Best time in course: 1:38:33

Rank in category: 84(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:58	6:03	69	5:44	269	8:06	3.30	19:58	6:03	26	0:13	349	0:22
Schlüsie	3.10	22:15	7:10	78	6:36	308	9:17	6.40	42:13	6:35	39	1:12	348	17:23
Hermannsklippe	2.60	21:09	8:08	81	7:18	330	9:38	9.00	1:03:22	7:02	39	2:39	348	27:01
Brocken	3.10	31:59	10:19	66	10:39	271	14:09	12.10	1:35:21	7:52	39	2:52	348	41:10
Eiserner Handwe	3.60	23:45	6:35	92	9:45	389	11:43	15.70	1:59:06	7:35	39	7:01	348	52:53
Schlüsie	4.10	23:43	5:47	92	10:21	389	12:13	19.80	2:22:49	7:12	39	11:31	348	1:05:06
Loddenke	3.10	20:57	6:45	92	9:42	396	11:07	22.90	2:43:46	7:09	39	17:05	348	1:16:13
Ilseburg/Markt	3.30	19:03	5:46	83	6:51	324	10:31	26.20	3:02:49	6:58	86	1:04:28	351	1:24:16