



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Eggert, Irmgard

Club: Rennsteiglaufverein
Number: 312

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 3:03:20

Speed: 8.51 km/h
Running performance: 7:00 min/km

Rank in course/Total: 404 (of 492)

Rank in course/Women: 47 (of 77)

Best time in course: 2:05:45

Rank in category: 1(of 4)

Best time in the category: 3:03:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:01	6:22	1	-	35	6:08	3.30	21:01	6:22	1	-	1	-
Schlüsie	3.10	25:36	8:15	1	-	61	8:39	6.40	46:37	7:17	1	-	1	-
Hermannsklippe	2.60	23:33	9:03	1	-	59	8:24	9.00	1:10:10	7:47	1	-	1	-
Brocken	3.10	37:09	11:59	1	-	52	12:55	12.10	1:47:19	8:52	1	-	1	-
Eiserner Handwe	3.60	20:29	5:41	1	-	34	5:44	15.70	2:07:48	8:08	1	-	1	-
Schlüsie	4.10	19:19	4:42	1	-	31	5:00	19.80	2:27:07	7:25	1	-	1	-
Loddenke	3.10	16:55	5:27	1	-	50	4:42	22.90	2:44:02	7:09	1	-	1	-
Ilseburg/Markt	3.30	19:18	5:50	1	-	54	6:03	26.20	3:03:20	6:59	1	-	49	57:35