



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Zetzsche, Uwe

Club: Berlin  
Number: 148

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:04:15

Speed: 8.47 km/h  
Running performance: 7:02 min/km

Rank in course/Total: 410 (of 492)

Rank in course/Men: 349 (of 415)

Best time in course: 1:38:33

Rank in category: 53(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:07	5:47	32	3:57	206	7:15	3.30	19:07	5:47	23			113
Schlüsie	3.10	24:02	7:45	56	7:40	372	11:04	6.40	43:09	6:44	23	0:27	355	18:19
Hermannsklippe	2.60	23:31	9:02	60	9:10	388	12:00	9.00	1:06:40	7:24	23	3:09	355	30:19
Brocken	3.10	37:27	12:04	60	13:17	383	19:37	12.10	1:44:07	8:36	23	7:44	355	49:56
Eiserner Handwe	3.60	22:51	6:20	58	8:01	370	10:49	15.70	2:06:58	8:05	23	9:09	355	1:00:45
Schlüsie	4.10	22:12	5:24	56	8:09	368	10:42	19.80	2:29:10	7:32	23	11:59	355	1:11:27
Loddenke	3.10	16:47	5:24	53	4:58	320	6:57	22.90	2:45:57	7:14	23	13:31	355	1:18:24
Ilseburg/Markt	3.30	18:18	5:32	50	5:38	303	9:46	26.20	3:04:15	7:01	55	1:00:28	360	1:25:42