



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Vauth, Jürgen

Club: Non-Stop-Ultra
Number: 271

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:04:32

Speed: 8.45 km/h
Running performance: 7:02 min/km

Rank in course/Total: 413 (of 492)

Rank in course/Men: 352 (of 415)

Best time in course: 1:38:33

Rank in category: 87(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:10	5:48	52	4:56	213	7:18	3.30	19:10	5:48	36		98	
Schlüsie	3.10	22:49	7:21	82	7:10	329	9:51	6.40	41:59	6:33	36	0:58	359	17:09
Hermannsklippe	2.60	22:41	8:43	90	8:50	368	11:10	9.00	1:04:40	7:11	36	3:57	359	28:19
Brocken	3.10	38:40	12:28	93	17:20	393	20:50	12.10	1:43:20	8:32	36	10:51	359	49:09
Eiserner Handwe	3.60	22:35	6:16	83	8:35	361	10:33	15.70	2:05:55	8:01	36	13:50	359	59:42
Schlüsie	4.10	22:28	5:28	88	9:06	375	10:58	19.80	2:28:23	7:29	36	17:05	359	1:10:40
Loddenke	3.10	17:51	5:45	86	6:36	359	8:01	22.90	2:46:14	7:15	36	19:33	359	1:18:41
Ilseburg/Markt	3.30	18:18	5:32	79	6:06	303	9:46	26.20	3:04:32	7:02	89	1:06:11	363	1:25:59