



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Scharun, Kerstin

Club: Grundschule Paul Ernst Elbingerode
Number: 263

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:04:48

Speed: 8.44 km/h
Running performance: 7:03 min/km

Rank in course/Total: 414 (of 492)

Rank in course/Women: 49 (of 77)

Best time in course: 2:05:45

Rank in category: 15(of 26)

Best time in the category: 2:31:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:45	5:59	4	1:25	20	4:52	3.30	19:45	5:59	12		9	
Schlüsle	3.10	23:04	7:26	11	3:25	38	6:07	6.40	42:49	6:41	12		9	
Hermannsklippe	2.60	22:36	8:41	13	4:53	48	7:27	9.00	1:05:25	7:16	12		9	
Brocken	3.10	38:41	12:28	20	9:37	62	14:27	12.10	1:44:06	8:36	12		9	
Eiserner Handweg	3.60	21:31	5:58	20	4:06	51	6:46	15.70	2:05:37	8:00	12		9	
Schlüsle	4.10	21:46	5:18	21	5:02	59	7:27	19.80	2:27:23	7:26	12		9	0:16
Loddenke	3.10	17:52	5:45	21	4:04	58	5:39	22.90	2:45:15	7:12	12	1:33	9	1:13
Ilseburg/Markt	3.30	19:33	5:55	20	4:40	55	6:18	26.20	3:04:48	7:03	16	33:02	51	59:03