



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Tölzer, Uwe

Club: Wernigerode
Number: 647

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 46:55

Speed: 11.51 km/h
Running performance: 4:53 min/km

Rank in course/Total: 29 (of 175)

Rank in course/Men: 26 (of 119)

Best time in course: 33:35

Rank in category: 3(of 15)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:27	5:28	4	2:03	21	5:49	4.10	22:27	5:28	3	2:03	27	
Loddenke	2.20	9:28	4:18	4	0:51	30	2:45	6.30	31:55	5:03	3	2:52	27	
Ilseburg/Markt	3.30	15:00	4:32	3	2:31	39	4:48	9.60	46:55	4:53	3	5:23	26	13:20