



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Scheibe, Frank

Club: SV Westfeld
Number: 194

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:06:08

Speed: 8.38 km/h
Running performance: 7:06 min/km

Rank in course/Total: 422 (of 492)

Rank in course/Men: 358 (of 415)

Best time in course: 1:38:33

Rank in category: 54(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:21	5:33	20	3:11	157	6:29	3.30	18:21	5:33	24		256	
Schlüsie	3.10	23:18	7:30	54	6:56	352	10:20	6.40	41:39	6:30	24		276	16:49
Hermannsklippe	2.60	22:06	8:30	56	7:45	354	10:35	9.00	1:03:45	7:04	24	0:14	365	27:24
Brocken	3.10	36:14	11:41	57	12:04	369	18:24	12.10	1:39:59	8:15	24	3:36	365	45:48
Eiserner Handwe	3.60	24:23	6:46	61	9:33	394	12:21	15.70	2:04:22	7:55	24	6:33	365	58:09
Schlüsie	4.10	25:20	6:10	61	11:17	399	13:50	19.80	2:29:42	7:33	24	12:31	365	1:11:59
Loddenke	3.10	17:29	5:38	55	5:40	351	7:39	22.90	2:47:11	7:18	24	14:45	365	1:19:38
Ilseburg/Markt	3.30	18:57	5:44	53	6:17	322	10:25	26.20	3:06:08	7:06	56	1:02:21	369	1:27:35