



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Mascher, Konstanze

Club: Spargelläufer Herbsleben  
Number: 479

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 3:07:30

Speed: 8.32 km/h  
Running performance: 7:10 min/km

Rank in course/Total: 427 (of 492)

Rank in course/Women: 55 (of 77)

Best time in course: 2:05:45

Rank in category: 18(of 26)

Best time in the category: 2:31:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:53	6:37	14	3:33	42	7:00	3.30	21:53	6:37	9	0:17	3	0:52
Schlüsie	3.10	26:14	8:27	22	6:35	63	9:17	6.40	48:07	7:31	9	1:56	3	1:30
Hermannsklippe	2.60	23:37	9:05	19	5:54	60	8:28	9.00	1:11:44	7:58	9	3:09	3	1:34
Brocken	3.10	37:53	12:13	17	8:49	58	13:39	12.10	1:49:37	9:03	9	3:44	3	2:18
Eiserner Handwe	3.60	21:28	5:57	19	4:03	49	6:43	15.70	2:11:05	8:20	9	4:14	3	3:17
Schlüsie	4.10	20:30	5:00	17	3:46	46	6:11	19.80	2:31:35	7:39	9	3:53	3	4:28
Loddenke	3.10	16:41	5:22	14	2:53	45	4:28	22.90	2:48:16	7:20	9	4:34	3	4:14
Ilseburg/Markt	3.30	19:14	5:49	19	4:21	53	5:59	26.20	3:07:30	7:09	19	35:44	57	1:01:45