



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Pfeffer, Andreas

Club: Ilseburg
Number: 680

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 46:59

Speed: 11.49 km/h
Running performance: 4:53 min/km

Rank in course/Total: 30 (of 175)

Rank in course/Men: 27 (of 119)

Best time in course: 33:35

Rank in category: 3(of 12)

Best time in the category: 45:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:13	5:39	2	0:21	29	6:35	4.10	23:13	5:39	3	0:21	28	
Loddenke	2.20	9:05	4:07	1	-	20	2:22	6.30	32:18	5:07	3	0:09	28	
Ilseburg/Markt	3.30	14:41	4:26	4	1:04	35	4:29	9.60	46:59	4:53	3	1:13	27	13:24