



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Wiedemann, Sven

Club: Läuferbund Schwarzenberg 90 e.V.  
Number: 352

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 3:10:56

Speed: 8.17 km/h  
Running performance: 7:17 min/km

Rank in course/Total: 436 (of 492)

Rank in course/Men: 367 (of 415)

Best time in course: 1:38:33

Rank in category: 63(of 67)

Best time in the category: 1:51:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:45	6:53	66	9:02	391	10:53	3.30	22:45	6:53	22	2:15	176	3:09
Schlüsie	3.10	24:37	7:56	65	9:55	381	11:39	6.40	47:22	7:24	22	6:20	374	22:32
Hermannsklippe	2.60	24:54	9:34	64	12:09	395	13:23	9.00	1:12:16	8:01	22	13:06	374	35:55
Brocken	3.10	35:02	11:18	56	14:58	345	17:12	12.10	1:47:18	8:52	22	20:10	374	53:07
Eiserner Handwe	3.60	25:39	7:07	66	12:16	401	13:37	15.70	2:12:57	8:28	22	25:31	374	1:06:44
Schlüsie	4.10	22:53	5:34	65	9:55	379	11:23	19.80	2:35:50	7:52	22	29:19	374	1:18:07
Loddenke	3.10	18:11	5:51	60	7:25	366	8:21	22.90	2:54:01	7:35	22	32:08	374	1:26:28
Ilseburg/Markt	3.30	16:55	5:07	39	4:58	226	8:23	26.20	3:10:56	7:17	64	1:19:33	378	1:32:23