



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Zecha, Janine

Number: 1077

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 3:11:41

Speed: 8.20 km/h

Running performance: 7:19 min/km

Rank in course/Total: 439 (of 492)

Rank in course/Women: 57 (of 77)

Best time in course: 2:05:45

Rank in category: 7(of 7)

Best time in the category: 2:15:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Loddenke	3.30	22:48	6:54	6	62	6:14	7:55	3.30	22:48	6:54	7	11	6:14	1:47
Schlüsie	3.10	23:10	7:28	4	40	5:02	6:13	6.40	45:58	7:10	7	11	11:16	11
Hermannsklippe	2.60	21:30	8:16	4	42	5:00	6:21	9.00	1:07:28	7:29	7	11	16:16	11
Brocken	3.10	34:52	11:14	6	41	9:37	10:38	12.10	1:42:20	8:27	7	11	25:53	11
Eiserner Handwe	3.60	24:50	6:53	7	70	8:40	10:05	15.70	2:07:10	8:05	7	11	34:33	11
Schlüsie	4.10	25:17	6:10	7	69	8:51	10:58	19.80	2:32:27	7:41	7	11	43:24	5:20
Loddenke	3.10	19:13	6:11	7	63	6:10	7:00	22.90	2:51:40	7:29	7	11	49:34	7:38
Ilseburg/Markt	3.30	20:01	6:03	6	58	6:11	6:46	26.20	3:11:41	7:18	7	59	55:45	1:05:56