



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Azuma, Takad

Club: Berlin
Number: 487

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:13:10

Speed: 8.08 km/h
Running performance: 7:22 min/km

Rank in course/Total: 443 (of 492)

Rank in course/Men: 372 (of 415)

Best time in course: 1:38:33

Rank in category: 89(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:29	6:48	92	8:15	383	10:37	3.30	22:29	6:48	34	2:44	379	2:53
Schlüsie	3.10	23:26	7:33	89	7:47	358	10:28	6.40	45:55	7:10	34	4:54	378	21:05
Hermannsklippe	2.60	22:15	8:33	88	8:24	360	10:44	9.00	1:08:10	7:34	34	7:27	378	31:49
Brocken	3.10	36:39	11:49	89	15:19	371	18:49	12.10	1:44:49	8:39	34	12:20	378	50:38
Eiserner Handwe	3.60	20:57	5:49	73	6:57	296	8:55	15.70	2:05:46	8:00	34	13:41	378	59:33
Schlüsie	4.10	22:09	5:24	85	8:47	365	10:39	19.80	2:27:55	7:28	34	16:37	378	1:10:12
Loddenke	3.10	21:19	6:52	94	10:04	400	11:29	22.90	2:49:14	7:23	34	22:33	378	1:21:41
Ilseburg/Markt	3.30	23:56	7:15	93	11:44	397	15:24	26.20	3:13:10	7:22	91	1:14:49	383	1:34:37