



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Haferanke, Manfred

Club: Lauffreunde Gotha e.V.  
Number: 357

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:18:25

Speed: 7.86 km/h  
Running performance: 7:34 min/km

Rank in course/Total: 450 (of 492)

Rank in course/Men: 375 (of 415)

Best time in course: 1:38:33

Rank in category: 23(of 24)

Best time in the category: 2:19:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:31	6:49	20	6:05	385	10:39	3.30	22:31	6:49	3	0:30	384	2:55
Schlüsie	3.10	26:03	8:24	22	7:43	397	13:05	6.40	48:34	7:35	3	4:22	382	23:44
Hermannsklippe	2.60	23:10	8:54	21	6:40	377	11:39	9.00	1:11:44	7:58	3	7:00	383	35:23
Brocken	3.10	39:49	12:50	23	12:16	399	21:59	12.10	1:51:33	9:13	3	16:16	383	57:22
Eiserner Handwe	3.60	22:33	6:15	19	5:38	360	10:31	15.70	2:14:06	8:32	3	17:23	382	1:07:53
Schlüsie	4.10	21:48	5:19	19	5:28	360	10:18	19.80	2:35:54	7:52	3	19:21	383	1:18:11
Loddenke	3.10	19:21	6:14	24	6:09	379	9:31	22.90	2:55:15	7:39	3	22:57	383	1:27:42
Ilseburg/Markt	3.30	23:10	7:01	23	14:38	389	14:38	26.20	3:18:25	7:34	23	58:42	386	1:39:52