



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Bunk, Heike

Club: Kassel
Number: 410

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:18:34

Speed: 7.86 km/h
Running performance: 7:35 min/km

Rank in course/Total: 452 (of 492)

Rank in course/Women: 63 (of 77)

Best time in course: 2:05:45

Rank in category: 9(of 10)

Best time in the category: 2:24:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	26:01	7:53	10	9:33	75	11:08	3.30	26:01	7:53	9	9:33	34	5:00
Schlüsie	3.10	27:35	8:53	10	8:32	70	10:38	6.40	53:36	8:22	9	18:05	34	6:59
Hermannsklippe	2.60	22:49	8:46	9	5:48	50	7:40	9.00	1:16:25	8:29	9	23:53	34	6:15
Brocken	3.10	35:28	11:26	8	7:34	48	11:14	12.10	1:51:53	9:14	9	31:27	34	4:34
Eiserner Handwe	3.60	24:21	6:45	10	8:43	69	9:36	15.70	2:16:14	8:40	9	37:54	34	8:26
Schlüsie	4.10	20:53	5:05	6	5:20	49	6:34	19.80	2:37:07	7:56	9	41:10	34	10:00
Loddenke	3.10	19:56	6:25	9	6:00	66	7:43	22.90	2:57:03	7:43	9	47:10	34	13:01
Ilseburg/Markt	3.30	21:31	6:31	9	6:36	66	8:16	26.20	3:18:34	7:34	9	53:46	65	1:12:49