



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Fender, Torsten

Club: Berlin
Number: 152

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:19:05

Speed: 7.84 km/h
Running performance: 7:36 min/km

Rank in course/Total: 454 (of 492)

Rank in course/Men: 378 (of 415)

Best time in course: 1:38:33

Rank in category: 90(of 98)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	20:16	6:08	75	281	6:02	8:24	3.30	20:16	6:08	33	0:31	321	0:40
Schlüsie	3.10	28:03	9:02	96	407	12:24	15:05	6.40	48:19	7:32	33	7:18	386	23:29
Hermannsklippe	2.60	26:31	10:11	93	405	12:40	15:00	9.00	1:14:50	8:18	33	14:07	386	38:29
Brocken	3.10	44:14	14:16	96	413	22:54	26:24	12.10	1:59:04	9:50	33	26:35	386	1:04:53
Eiserner Handwe	3.60	21:49	6:03	80	334	7:49	9:47	15.70	2:20:53	8:58	33	28:48	386	1:14:40
Schlüsie	4.10	20:33	5:00	72	310	7:11	9:03	19.80	2:41:26	8:09	33	30:08	386	1:23:43
Loddenke	3.10	16:49	5:25	78	322	5:34	6:59	22.90	2:58:15	7:47	33	31:34	386	1:30:42
Ilseburg/Markt	3.30	20:50	6:18	88	365	8:38	12:18	26.20	3:19:05	7:35	92	1:20:44	389	1:40:32