



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Quantmeyer, Walter

Club: TSG -düderode-oldenrode  
Number: 221

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 3:23:04

Speed: 7.68 km/h  
Running performance: 7:45 min/km

Rank in course/Total: 457 (of 492)

Rank in course/Men: 380 (of 415)

Best time in course: 1:38:33

Rank in category: 5(of 6)

Best time in the category: 2:39:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:35	6:50	5	1:49	388	10:43	3.30	22:35	6:50	5	1:38	331	2:59
Schlüsie	3.10	24:44	7:58	4	3:15	384	11:46	6.40	47:19	7:23	5	4:53	388	22:29
Hermannsklippe	2.60	23:17	8:57	4	4:08	381	11:46	9.00	1:10:36	7:50	5	9:01	388	34:15
Brocken	3.10	37:47	12:11	6	5:49	385	19:57	12.10	1:48:23	8:57	5	14:26	388	54:12
Eiserner Handwe	3.60	24:57	6:55	5	5:58	398	12:55	15.70	2:13:20	8:29	5	20:24	388	1:07:07
Schlüsie	4.10	24:57	6:05	5	7:44	395	13:27	19.80	2:38:17	7:59	5	28:08	388	1:20:34
Loddenke	3.10	20:39	6:39	5	6:44	391	10:49	22.90	2:58:56	7:48	5	34:52	388	1:31:23
Ilseburg/Markt	3.30	24:08	7:18	6	9:04	400	15:36	26.20	3:23:04	7:45	5	43:56	391	1:44:31