



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Yildirim, Mahsar

Club: Maschseesharks
Number: 359

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:24:42

Speed: 7.62 km/h
Running performance: 7:49 min/km

Rank in course/Total: 461 (of 492)

Rank in course/Men: 384 (of 415)

Best time in course: 1:38:33

Rank in category: 39(of 47)

Best time in the category: 2:12:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:51	6:37	38	5:57	359	9:59	3.30	21:51	6:37	18		150	2:15
Schlüsie	3.10	26:14	8:27	42	8:46	398	13:16	6.40	48:05	7:30	18	1:24	392	23:15
Hermannsklippe	2.60	24:46	9:31	43	8:59	394	13:15	9.00	1:12:51	8:05	18	3:42	392	36:30
Brocken	3.10	40:36	13:05	45	15:29	402	22:46	12.10	1:53:27	9:22	18	6:11	392	59:16
Eiserner Handwe	3.60	22:46	6:19	38	7:39	368	10:44	15.70	2:16:13	8:40	18	7:11	392	1:10:00
Schlüsie	4.10	25:52	6:18	42	11:29	401	14:22	19.80	2:42:05	8:11	18	11:49	392	1:24:22
Loddenke	3.10	20:50	6:43	42	8:41	395	11:00	22.90	3:02:55	7:59	18	15:26	392	1:35:22
Ilseburg/Markt	3.30	21:47	6:36	40	7:53	381	13:15	26.20	3:24:42	7:48	41	1:12:02	395	1:46:09