



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Wöhler, Alexander

Club: Team Christiansen Print
Number: 588

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 47:28

Speed: 11.38 km/h
Running performance: 4:56 min/km

Rank in course/Total: 34 (of 175)

Rank in course/Men: 31 (of 119)

Best time in course: 33:35

Rank in category: 6(of 10)

Best time in the category: 41:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:56	5:35	5	2:27	26	6:18	4.10	22:56	5:35	6	2:27	32	
Loddenke	2.20	9:45	4:25	6	1:49	32	3:02	6.30	32:41	5:11	6	4:16	32	
Ilseburg/Markt	3.30	14:47	4:28	7	2:09	36	4:35	9.60	47:28	4:56	6	6:25	31	13:53