



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Krofczik, Elisabeth

Club: Braunschweig  
Number: 245

Course: 26.20 km  
26,2 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 3:31:12

Speed: 7.39 km/h  
Running performance: 8:04 min/km

Rank in course/Total: 473 (of 492)

Rank in course/Women: 70 (of 77)

Best time in course: 2:05:45

Rank in category: 6(of 6)

Best time in the category: 2:05:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	24:05	7:17	5	9:12	67	9:12	3.30	24:05	7:17	6	9:12	27	3:04
Schlüsie	3.10	28:00	9:01	5	11:03	72	11:03	6.40	52:05	8:08	6	20:15	27	5:28
Hermannsklippe	2.60	26:00	10:00	6	10:51	70	10:51	9.00	1:18:05	8:40	6	31:06	27	7:55
Brocken	3.10	38:36	12:27	6	14:22	60	14:22	12.10	1:56:41	9:38	6	45:28	27	9:22
Eiserner Handwe	3.60	26:41	7:24	6	11:56	75	11:56	15.70	2:23:22	9:07	6	57:24	27	15:34
Schlüsie	4.10	25:25	6:11	6	11:06	70	11:06	19.80	2:48:47	8:31	6	1:08:30	27	21:40
Loddenke	3.10	20:07	6:29	6	7:54	69	7:54	22.90	3:08:54	8:14	6	1:16:24	27	24:52
Ilseburg/Markt	3.30	22:18	6:45	6	9:03	69	9:03	26.20	3:31:12	8:03	6	1:25:27	72	1:25:27