



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Portwig, Ansgo

Club: Huy-Burgenlauf-Verein
Number: 528

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 47:29

Speed: 11.37 km/h
Running performance: 4:57 min/km

Rank in course/Total: 35 (of 175)

Rank in course/Men: 32 (of 119)

Best time in course: 33:35

Rank in category: 1(of 7)

Best time in the category: 47:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:26	5:57	1	-	39	7:48	4.10	24:26	5:57	1	-	33	
Loddenke	2.20	9:09	4:09	1	-	24	2:26	6.30	33:35	5:19	1	-	33	
Ilseburg/Markt	3.30	13:54	4:12	1	-	24	3:42	9.60	47:29	4:56	1	-	32	13:54