



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Tiede, Kerstin Emma

Club: Ilseburg  
Number: 383

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 3:40:46

Speed: 7.07 km/h  
Running performance: 8:26 min/km

Rank in course/Total: 483 (of 492)

Rank in course/Women: 74 (of 77)

Best time in course: 2:05:45

Rank in category: 25(of 26)

Best time in the category: 2:31:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	24:40	7:28	25	6:20	72	9:47	3.30	24:40	7:28	2	3:04	23	3:39
Schlüsie	3.10	28:07	9:04	25	8:28	74	11:10	6.40	52:47	8:14	2	6:36	23	6:10
Hermannsklippe	2.60	26:22	10:08	25	8:39	74	11:13	9.00	1:19:09	8:47	2	10:34	23	8:59
Brocken	3.10	41:20	13:20	25	12:16	73	17:06	12.10	2:00:29	9:57	2	14:36	23	13:10
Eiserner Handwe	3.60	26:35	7:23	25	9:10	74	11:50	15.70	2:27:04	9:22	2	20:13	23	19:16
Schlüsie	4.10	27:05	6:36	25	10:21	76	12:46	19.80	2:54:09	8:47	2	26:27	23	27:02
Loddenke	3.10	22:30	7:15	26	8:42	77	10:17	22.90	3:16:39	8:35	2	32:57	23	32:37
Ilseburg/Markt	3.30	24:07	7:18	25	9:14	74	10:52	26.20	3:40:46	8:25	26	1:09:00	76	1:35:01