



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Leiner, Matthias

Club: Wernigerode
Number: 674

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 48:26

Speed: 11.89 km/h
Running performance: 5:03 min/km

Rank in course/Total: 38 (of 175)

Rank in course/Men: 34 (of 119)

Best time in course: 33:35

Rank in category: 4(of 11)

Best time in the category: 39:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:56	5:35	4	2:43	26	6:18	4.10	22:56	5:35	4	2:27	32	
Loddenke	2.20	10:07	4:35	5	2:00	45	3:24	6.30	33:03	5:14	4	4:27	35	
Ilseburg/Markt	3.30	15:23	4:39	5	4:06	50	5:11	9.60	48:26	5:02	4	8:33	34	14:51