



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Weißolek, Enrico

Club: Sporttrend Ultralaufteam Braunschweig
Number: 508

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 48:30

Speed: 11.13 km/h
Running performance: 5:03 min/km

Rank in course/Total: 39 (of 175)

Rank in course/Men: 35 (of 119)

Best time in course: 33:35

Rank in category: 3(of 15)

Best time in the category: 44:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:53	5:49	2	0:59	33	7:15	4.10	23:53	5:49	3	0:59	34	
Loddenke	2.20	10:04	4:34	3	1:21	43	3:21	6.30	33:57	5:23	3	2:20	36	
Ilseburg/Markt	3.30	14:33	4:24	4	2:09	33	4:21	9.60	48:30	5:03	3	4:29	35	14:55