



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schütz, Sabine

Club: Berlin
Number: 580

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 49:01

Speed: 11.02 km/h
Running performance: 5:07 min/km

Rank in course/Total: 40 (of 175)

Rank in course/Women: 5 (of 56)

Best time in course: 40:35

Rank in category: 2(of 16)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	24:34	5:59	2	2:23	5	4:41	4.10	24:34	5:59	2	2:23	33
Loddenke	2.20	10:09	4:36	2	1:35	5	2:01	6.30	34:43	5:30	2	3:58	33
Ilseburg/Markt	3.30	14:18	4:20	2	0:40	5	1:44	9.60	49:01	5:06	2	4:38	5 8:26