



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Bollmann, Manfred

Club: Ilseburg
Number: 598

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 59:19

Speed: 9.10 km/h
Running performance: 6:11 min/km

Rank in course/Total: 126 (of 175)

Rank in course/Men: 97 (of 119)

Best time in course: 33:35

Rank in category: 6(of 7)

Best time in the category: 47:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:35	7:12	5	5:09	98	12:57	4.10	29:35	7:12	6	5:09	79	1:11
Loddenke	2.20	11:53	5:24	5	2:44	87	5:10	6.30	41:28	6:34	6	7:53	117	1:52
Ilseburg/Markt	3.30	17:51	5:24	7	3:57	98	7:39	9.60	59:19	6:10	6	11:50	99	25:44