



44. Brockenlauf
Ilsenburg / 06.09.2014

Detailed evaluation

Röthing, Sven

Club: Ilsenburg
Number: 656

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 49:52

Speed: 11.55 km/h
Running performance: 5:11 min/km

Rank in course/Total: 48 (of 175)

Rank in course/Men: 43 (of 119)

Best time in course: 33:35

Rank in category: 5(of 15)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:48	6:02	5	4:24	45	8:10	4.10	24:48	6:02	5	4:24	44	
Loddenke	2.20	10:01	4:33	6	1:24	42	3:18	6.30	34:49	5:31	5	5:46	44	
Ilsenburg/Markt	3.30	15:03	4:33	5	2:34	42	4:51	9.60	49:52	5:11	5	8:20	43	16:17