



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Berke, Sybille

Club: NSV Wernigerode
Number: 593

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 51:00
Speed: 10.59 km/h
Running performance: 5:19 min/km
Rank in course/Total: 56 (of 175)
Rank in course/Women: 7 (of 56)
Best time in course: 40:35
Rank in category: 3(of 16)
Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	25:39	6:15	4	3:28	8	5:46	4.10	25:39	6:15	3	3:28	35
Loddenke	2.20	10:26	4:44	3	1:52	7	2:18	6.30	36:05	5:43	3	5:20	35
Ilseburg/Markt	3.30	14:55	4:31	3	1:17	6	2:21	9.60	51:00	5:18	3	6:37	7 10:25