



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Schreinert, Axel

Club: Werder / OT Glindow  
Number: 575

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 51:51

Speed: 10.41 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 60 (of 175)

Rank in course/Men: 52 (of 119)

Best time in course: 33:35

Rank in category: 7(of 15)

Best time in the category: 44:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	25:29	6:12	6	2:35	53	8:51	4.10	25:29	6:12	7	2:35	53		
Loddenke	2.20	10:17	4:40	4	1:34	50	3:34	6.30	35:46	5:40	7	4:09	53		
Ilseburg/Markt	3.30	16:05	4:52	9	3:41	68	5:53	9.60	51:51	5:24	7	7:50	53	18:16	