



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Portwig, Jennifer

Club: Goslar
Number: 529

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 51:57

Speed: 11.09 km/h
Running performance: 5:25 min/km

Rank in course/Total: 61 (of 175)

Rank in course/Women: 8 (of 56)

Best time in course: 40:35

Rank in category: 1(of 6)

Best time in the category: 51:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	26:32	6:28	2	0:15	11	6:39	4.10	26:32	6:28	1	-	36
Loddenke	2.20	10:21	4:42	1	-	6	2:13	6.30	36:53	5:51	1	-	36
Ilseburg/Markt	3.30	15:04	4:33	1	-	8	2:30	9.60	51:57	5:24	1	-	8 11:22