



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Eggert, Katrin

Club: Ilseburg
Number: 639

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 52:35

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 65 (of 175)

Rank in course/Women: 10 (of 56)

Best time in course: 40:35

Rank in category: 4(of 16)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	25:30	6:13	3	3:19	7	5:37	4.10	25:30	6:13	4	3:19	38
Loddenke	2.20	11:22	5:09	5	2:48	15	3:14	6.30	36:52	5:51	4	6:07	38
Ilseburg/Markt	3.30	15:43	4:45	4	2:05	12	3:09	9.60	52:35	5:28	4	8:12	10 12:00