



1. Abbel-Lauf des TSV Berkersheim

Frankfurt Berkersheim / 07.09.2014

Detailed evaluation

Merz, Holger

Club: SGF

Number: 54

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 43:15

Speed: 13.87 km/h

Running performance: 4:19 min/km

Rank in course/Total: 1 (of 33)

Rank in course/Men: 1 (of 26)

Best time in course: 43:15

Rank in category: 1(of 10)

Best time in the category: 43:15