



1. Abbel-Lauf des TSV Berkersheim
Frankfurt Berkersheim / 07.09.2014

Detailed evaluation

Gille, Thomas

Club: Frankfurt am Main
Number: 6

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-59 Jahre)

Total time: 52:32

Speed: 11.42 km/h
Running performance: 5:15 min/km

Rank in course/Total: 15 (of 33)

Rank in course/Men: 13 (of 26)

Best time in course: 43:15

Rank in category: 4(of 11)

Best time in the category: 45:12