



1. Abbel-Lauf des TSV Berkersheim
Frankfurt Berkersheim / 07.09.2014

Detailed evaluation

kyris, Josef

Club: Baudekoration Kyris
Number: 9

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-59 Jahre)

Total time: 56:04

Speed: 10.70 km/h
Running performance: 5:37 min/km

Rank in course/Total: 25 (of 33)

Rank in course/Men: 20 (of 26)

Best time in course: 43:15

Rank in category: 8(of 11)

Best time in the category: 45:12