



1. Abbel-Lauf des TSV Berkersheim
Frankfurt Berkersheim / 07.09.2014

Detailed evaluation

Mämpel, Torsten

Club: Frankfurt
Number: 24

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-49 Jahre)

Total time: 57:33

Speed: 10.43 km/h
Running performance: 5:46 min/km

Rank in course/Total: 26 (of 33)

Rank in course/Men: 21 (of 26)

Best time in course: 43:15

Rank in category: 10(of 10)

Best time in the category: 43:15